



Sip 'N' Cycle

Party, sing and ride like it's 1999! This happy hour ride will have you pedaling through the decades from the '60s up to the present day! A short reception to follow.

For more information or to register, visit the Member Services Desk or call 847.535.7060.

Date

Friday, November 22
5:45 - 7:45 pm

Location

Northwestern Health Lake Forest
Health & Fitness Center

Cost

\$12 for members
\$24 non-members

Note

Registration is required.

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