

# Group Exercise Substitution Schedule

2/22/20 – 2/28/21

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	9:00a 10:15a 11:45a	Aqua Aerobics Arthritis Yoga Basics	Susan Pam Susan E	Jodi Marylee Marlene
TUESDAY	9:05a 10:15a	Just Dance Just Barre	Lesley Lesley	Jennifer Jennifer
WEDNESDAY	None Listed			
THURSDAY	5:30p	Barre Fusion	Janine	Lisa
FRIDAY	10:15a	Arthritis	Pam/Kate	Pam
SATURDAY	None Listed			
SUNDAY	2:00p	Total Body Yoga	Liza	Marlene