

Group Exercise Substitution Schedule

3/1/21 – 3/7/21

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	5:30p	Yoga Basics	Marjorie	Liza
TUESDAY	None Listed			
WEDNESDAY	None Listed			
THURSDAY	None Listed			
FRIDAY	9:00a 10:15a	Aqua Aerobics Arthritis	Instructor Rotation Pam/Kate	Loralee Pam
SATURDAY	None Listed			
SUNDAY	None Listed			