

Group Exercise Substitution Schedule

4/5/21 – 4/11/21

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	8:30a	Triple Threat	Jennifer	Gemma
TUESDAY	10:15a	Bodypump	Amy R	Victor
WEDNESDAY	5:30p	Triple Threat	Amy C	Amy W
THURSDAY	8:30a	Bodycombat	Amy R	Gemma
FRIDAY	9:00a	Aqua Aerobics	Rotation	Jody
SATURDAY	8:00a 9:15a	Bodycombat Cycle	Amy R Melissa	Amy C Susan E
SUNDAY	9:00a	Aqua	Rotation	Jody