

Group Exercise Substitution Schedule

6/20/22 – 6/26/22

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	9:30am 10:30am	Barre Fusion Core Yoga	Janine Susan E	Lisa Jen R
TUESDAY	5:30am 9:15am 10:15am 5:15pm	Bodypump Aqua Arthriis Aqua Arthritis Barre Fusion	Amy P Marylee Kate Susan E/Amy R	Victor Pam Janet Susan E
WEDNESDAY	None Listed			
THURSDAY	9:30am 5:30pm 5:30pm	Barre Fusion Barre Fusion Cycle	Janine Rotation Carol	Werner Jennifer Melissa
FRIDAY	8:00am 9:00am 11:15am	Arthritis Aqua Aerobics Strength, Stability & Stretch w/Liza	Rotation Rotation	Loralee Loralee Tatiana
SATURDAY	9:00am	BodyPump	Victor	Amy R
SUNDAY	9:00am 10:15am 2:00pm	Aqua Aerobics Aqua Arthritis Total Body Yoga	Rotation Rotation Liza	Kathy Kathy Tatiana