







Thanksgiving Holiday Warm Water Therapy & Lap Pool Schedule

Wednesday	Thursday	Friday	Saturday	Sunday
*OPEN TIME 5:00-7:45am	CLUB HOURS 7:00 am–1:00 pm	*OPEN TIME 5:00-7:45am	*OPEN TIME 6:00-9:00am	*OPEN TIME 7:00-10:00am
Arthritis Loralee 8:00 - 8:50am	*OPEN TIME 7:00-8:45am	Arthritis Loralee 8:00 - 8:50am		
Aqua Aerobics Loralee 9:00-10:00am	Aqua Aerobics Carl 9:00-10:00am	Aqua Aerobics Loralee 9:00-10:00am	Arthritis Canella 9:15-10:05am	Aqua Aerobics Susie P 9:00-10:00am
Arthritis Joanie 9:15-10:05am	Arthritis Kate 9:15-10:05am	Arthritis Marylee 9:15–10:05am	Aqua Yoga Canella 10:15–11:05am	Arthritis Susie P 10:15-11:05am
*OPEN TIME 10:15-11:00am	*OPEN TIME 10:15-12:45pm	Arthritis Marylee 10:15–11:05am	Aqua Yoga Canella 11:15–12:05pm	*OPEN TIME 11:15-4:00pm
Arthritis Kris 11:15-12:05pm		*OPEN TIME 11:15-12:00pm	*OPEN TIME 12:15-6:00 pm	
Arthritis Kris 12:15-1:05pm		Physical Therapy 12:15-1:45pm		
Physical Therapy 1:15 – 2:30pm		*OPEN TIME 2:00-8:00 pm		
*OPEN TIME 2:45 –9:00pm				
 PLEASE SHOWER BEFORE ENTERING THE SWIMMING POOL			CODES: Lap Pool  Warm Water Pool *NO REGISTRATION REQUIRED*  Warm Water Pool *REGISTRATION IS REQUIRED* 