

Group Exercise Substitution Schedule

September 11th – September 17th

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	None Listed			
TUESDAY	10:15am	Aqua Arthritis	Kate	Marylee
	4:45pm	Barre Fusion	Amy R	Werner
	4:45pm	Yoga Tune up	Werner	Loralee
	5:45pm	New Time! Cycle	Bill	Amy P
WEDNESDAY	None Listed			
THURSDAY	None Listed			
FRIDAY	8:00am	Aqua Arthritis	Rotation	Kathy
	9:00am	Aqua Aerobics	Rotation	Kathy
SATURDAY	10:15am	Bodypump	Loralee	TBA
SUNDAY	9:00am	Aqua Aerobics	Rotation	Susie P
	10:15am	Aqua Arthritis	Rotation	Susie P