

Spring Break Group Exercise Substitute Schedule and Easter Holiday Class Schedule.

March 25th – March 31st

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	9:30am 12:00am	Barre Fusion Just Dance 101	Janine Lesley	Susan E Kristin
TUESDAY	5:30am 9:10am 10:15am 10:15am	Bodypump will not be held Just Dance Just Barre Aqua Arthritis	 Lesley Lesley Kate	 Kristin Werner Pam
WEDNESDAY	None Listed			
THURSDAY	9:15am 9:30am	Aqua Arthritis Just Barre	Kate Janine	Marylee Susan E
FRIDAY	8:00am 9:00am 9:00am 9:15am	Aqua Arthritis Aqua Aerobics Total Body Yoga Aqua Arthritis	Rotation Rotation Tatiana Kate	Jody Jody Mary Clare Marylee
SATURDAY	10:15am	Bodypump will not be held		
SUNDAY	Club Hours: 7:00am – 1:00pm Class Schedule: 8:30am Cycle with Susan E 9:00am Vinyasa Flow Yoga with Tatiana 9:00am Aqua Aerobics with Susie P 9:30am Strength & Core with Susan E 10:15am Aqua Arthritis with Susie P			

