

# Group Exercise Substitute Schedule

April 29th – May 5th

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	5:30pm 7:00pm	All Levels Yoga Gentle Yoga	Steve Steve	Marjorie Marjorie
TUESDAY	11:30am	Restorative Yoga	Steve	Werner
WEDNESDAY	6:00am 5:45pm	Sunrise Yoga Aqua Arthritis	Steve Pam	Marjorie Canella
THURSDAY	8:30am 10:15am 11:30am	Bodycombat Restorative Yoga Restorative Yoga	Amy R Steve Steve	Gemma Marjorie Marjorie
FRIDAY	8:00am 9:00am	Aqua Arthritis Aqua Aerobics	Rotation Rotation	Susan F Susan F
SATURDAY	8:00am	Bodycombat	Amy R	Gemma
SUNDAY	9:00am 10:15am	Aqua Aerobics Aqua Arthritis	Rotation Rotation	Susie P Susie P