

Group Exercise Substitute Schedule

May 27TH – June 2nd

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	Club Hours: 7am – 1pm			
	<u>Holiday Class Schedule:</u>			
	Aquatic Schedule			
	9:00am	Aqua Aerobics	Susie P	
	9:15am	Aqua Arthritis	Marylee	
	10:15am	Aqua Arthritis	Pam	
	Land Schedule			
	9:15am	Cycle	Melissa	
	9:30am	Barre Fusion	Janine	
	10:30am	Vinyasa Flow Yoga	Susan E	
TUESDAY	5:30am	Bodypump will not be held due to the holiday		
WEDNESDAY	5:30pm	BodyPump	Carol	Loralee
THURSDAY	10:30am	BodyPump	Michelle	Amy R
FRIDAY	8:00am	Aqua Arthritis	Rotation	Jody
	9:00am	Aqua Aerobics	Rotation	Jody
SATURDAY	9:00am	Cycle	Melissa	Bill
SUNDAY	9:00am	Aqua Aerobics	Rotation	Susie P
	10:15am	Aqua Arthritis	Rotation	Susie P