

Group Exercise Substitute Schedule

May 20th & 21st

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	5:30pm	Bodypump	Victor	Carol
TUESDAY	None Listed			
WEDNESDAY	5:30pm	Vinyasa Flow Yoga	Tatiana	Loralee
THURSDAY				
FRIDAY				
SATURDAY				
SUNDAY				



Memorial Day Weekend

**A special 6-day holiday Schedule
will take place 5/23 – 5/28.**

**It is posted on our website, on our phone App
and copies are available at the front desk.**