




MEMORIAL DAY GROUP EXERCISE WATER SCHEDULE

Thursday, May 23rd - Tuesday, May 28th

TURN OVER FOR THE LAND HOLIDAY SCHEDULE

Thursday 5/23	Friday 5/24	Saturday 5/25	Sunday 5/26	Monday 5/27	Tuesday 5/28
*OPEN TIME 5:00-9:00am	*OPEN TIME 5:00-7:45am	*OPEN TIME 6:00-9:00am	*OPEN TIME 7:00-10:00am	*OPEN TIME 7:00 – 9:00am	*OPEN TIME 5:00-9:00am
	Arthritis Susan F 8:00 - 8:50am			Aqua Aerobics Susie P 9:00-10:00am	Aqua Aerobics Janet 9:00-10:00am
Aqua Aerobics Carl 9:00-10:00am	Aqua Aerobics Susan F 9:00-10:00am	Arthritis Marylee 9:15-10:05am	Aqua Aerobics Susie P 9:00-10:00am	Arthritis Marylee 9:15-10:05am	Arthritis Marylee 9:15-10:05am
Arthritis Kate 9:15-10:05am	Arthritis Kate 9:15-10:05am	Aqua Yoga Canella 10:15–11:05am	Arthritis Susie P 10:15-11:05am	Arthritis Pam 10:15–11:05am	Arthritis Kate 10:15-11:05am
Ai Chi (AOA) Kris 10:15-11:05am	Arthritis Pam 10:15–11:05am	Aqua Yoga Canella 11:15–12:05pm	*OPEN TIME 11:15-4:00pm	*OPEN TIME 11:15-12:45 pm	*OPEN TIME 11:15-12:00 pm
Arthritis Janet 11:15-12:05pm	*OPEN TIME 11:15-12:00pm	*OPEN TIME 12:15-6:00 pm			Physical Therapy 12:15-1:45pm
	Physical Therapy 12:15-1:45pm				
*OPEN TIME 12:15-3:30pm	*OPEN TIME 2:00-8:00 pm	<div style="border: 1px solid black; padding: 10px;"> <p>CODES:</p> <p>Lap Pool </p> <p>Warm Water Pool *NO REGISTRATION REQUIRED* </p> <p>Warm Water Pool *REGISTRATION IS REQUIRED* </p> </div>			*OPEN TIME 2:00-4:30pm
Physical Therapy 3:45-5:45pm					Arthritis Diane 4:45 - 5:35pm
Fibro Lisa 6:30 - 7:20pm					
*OPEN TIME 7:30-9:00pm					*OPEN TIME 5:45-9:00pm