

Group Exercise Substitute Schedule

June 10th – June 16th

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	9:15am	Cycle	Melissa	Bill
	9:30am	Tai Chi	Audrey	Kris
	10:30am	Heart Plus Tone	Audrey	Werner
TUESDAY	10:15am	Aqua Arthritis	Kate	Marylee
WEDNESDAY	11:30am	Balance & Stability	Fabian	Carol
THURSDAY	9:15am	Aqua Arthritis	Kate	Kathy
FRIDAY	8:00am	Aqua Arthritis	Rotation	Kathy
	9:00am	Aqua Aerobics	Rotation	Kathy
	9:15am	Aqua Arthritis	Kate	Joanie
	10:00am	Chair Yoga	Audrey	Steve
SATURDAY	9:00am	Bodypump	Jennifer	Amy R
SUNDAY	9:00am	Aqua Aerobics	Rotation	Susie P
	10:15am	Aqua Arthritis	Rotation	Susie P