

Group Exercise Substitute Schedule

October 7 – October 13

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	None Listed			
TUESDAY	None Listed			
WEDNESDAY	None Listed			
THURSDAY	5:30am	Bodypump	Loralee	Carol
	9:30am	Barre Fusion	Janine	Susan E
FRIDAY	8:00am	Aqua Arthritis	Rotation	Jody
	9:00am	Aqua Aerobics	Rotation	Jody
SATURDAY	9:00am	Just Dance	Kristin	TBA
	10:15am	Bodypump	Loralee	TBA
SUNDAY	9:00am	Aqua Aerobics	Rotation	Jody
	10:15am	Aqua Arthritis	Rotation	Jody